

The Dance (03/25/2006)

The dance between therapist & client is a delicate one
Intricate....yet, simple
Beautiful in its' culmination
ugly and awkward in its' process
but always yearning
journeying toward an unknown ending
that is, simply
to BE.

Be what, you might say?
Be present
Be authentic
fully BE in all forms
a full and fulfilled human Being
ready to embrace what remains of life
with joy, sorrow
anger, humility and ecstasy.

The life yet to be lived
perfect in all form
already present
simply waiting to be seen.....