

Seasons of the Soul (11/4/2000)

The Soul is a reflection of the world around us
light, love, beauty
harsh cruel pain, anger, hate
whatever you choose to perceive,
so the Soul reflects
you have a choice, use it!

Release the cork from the bottle
let the past flow in its' beautiful energy
out into the Universe
it is you
it all creates the beautiful Soul that you are
allow the Light to flow
it is pure
it shines brightly
it touches all if you only get out of its' way!

Take your cues from the Fall leaves
allow the external to wither and die
to save, store, recharge
the energy to sustain us through the Winter
and then burst forth anew
reborn, refreshed,
full of Light, color, vibrancy
alight in the miracle that is Spring!

Fear no more
there is nothing left to do
you have sown all the seeds,
fed and nurtured them well
let them transform in their metamorphosis
in their own way....
in their own time....
Spring will come!!!