

Identification of the Self

Mother, healer, overburdened thinker
wild stallion running free & unbridled
a dove at first light
quietly sending its' song
out into the world
pure light
that can blind when angry
or softly caress when at peace
raging waters of fear and victimhood
balanced by the energy and strength
of Mother Earth
the pendulum swings slower now,
but still sways
evading the balance of powers
that churn within