

Healing Waters (8/24/2000)

Healing waters

rain, tears

open the flood gates to the soul

the wounds are deep

rather than allow anger's caustic burn

to trap the pain

make a new choice

let the cleansing waters wash away

all remnants.

Surface healing will not do;

wounds need to be washed clean

and allowed time to heal gently,

slowly, purely

from the inside out

taking great care along the way

tender, loving

carried gently

by the current of awakening.